

The Mayor's Walking Workbus

Come walk and get fit with the Mayor!



Important Info:

- Meet in the Mo`ikeha Rotunda or
- Walk towards a pick up point closest to you.
- Wear good walking shoes
- Bring water.
- Apply sunscreen.
- Wear a hat (optional).
- Obey all traffic signals along the route.
- Get some exercise **and talk story** with **the Mayor** Carvalho!

This is a perfect opportunity to prepare for the Mayor-a-thon on June 26th AND for the Kauai Marathon on September 5th.

Individuals requiring additional support or an auxiliary aid to participate in any program, please call Christina Pilkington ten (10) working days before the event. 241-6203

For more information contact: Nalani Brun
241-4952

Mayor Bernard Carvalho Jr. invites you to walk with him on Tuesdays from June 8th - August 31st at 11:45 am.

When: Every Tuesday starting June 8th ending August 31st

Where: Rice St., Lihue, from the Round Building to Ace Hardware and back (routes may vary)

Time: Pick Up Points (times are approximate)

11:45 Leave Round County Building Courtyard

11:46 First Hawaiian Bank/Post Office/Bank of Hawaii

11:50 Kauai Toyota

11:55 Rice Shopping center

