

Mayor-a-thon 2009

7am, Saturday, June 27, 2009



This **FREE**, fun 2, 4, 6, or 8 mile walk, stroll, jog, run, or bike event celebrates the Grand Opening of the full 4+ mile long Lihī Park to Ahihi Point length of Ke Ala Hele Makalae's Phase II.

Walk, run, bike and talk story with Mayor Bernard Carvalho at this 1st Annual Mayor-A-Thon Event celebrating fitness. The event starts & finishes at Kapaa Beach Park.

Prizes for the best decorated bike, stroller & participant! First 300 Pre-registered entrants will receive a free shirt and free healthy breakfast.



Co-sponsored by Get Fit Kauai (NPAC), County of Kauai Department of Parks & Recreation, and Kauai Path.

REGISTRATION FORM – Please Print – Only 1 person per form!

The first 300 Pre-Registered Entries will receive breakfast and a commemorative shirt.

Name: _____ Phone: _____

Address: _____ Email: _____

City/Zip _____ Gender: Male Female

I am a: Participant Volunteer – Station: _____

Event: Walk Run Bike Stroller Distance Goal (miles): 2 4 6 8

Age Range: Child Age: _____ Teen Age: _____ Adult 18-29 Adult 30-54 Adult 55+

Shirts for the first 300 Registered – Choose a size: (subject to availability on event day)

Youth Small Youth Large Adult Small Adult Medium Adult Large Adult XL Adult XXL

Enter me in the contest!

Best decorated stroller Best decorated bike Best decorated walker/runner (participant)

Register on line at www.getfitkauai.com OR
Drop off your Registration form at Coconut Coasters
4-1586 Kuhio Hwy, Kapa`a
Or mail them to P.O. Box 392, Kilauea, HI 96754

For questions, please email: KauaiMayorathon@gmail.com
or call 808-212-4765

For Office Use Only

Date Received: _____

Entry #: _____