



Please join NPAC/Get Fit Kauai for the 2010...

Mayor-a-thon

A Fitness Celebration with Mayor Bernard Carvalho Jr.



Saturday, June 26th
Kapa`a Beach Park at 7am
Register at www.getfitkauai.com

This fun, free 2, 4, 6 or 8 mile walk, jog, run, or bike event takes place along the full 4+ mile long Ke Ala Hele Makalae's Phase II.

- Check-in begins at 6 AM the program and walk begin at 7 AM.
- Preregistration is required at www.getfitkauai.com

There are a limited number of shirts and breakfasts, so tell your family and friends to register early!!!

Games & door prizes , plus special prizes for the best decorated bike, stroller and participant! Free bus shuttle from Kapa`a New Town Park...AND it's all FREE!

For more information call (808) 212-4765

Individuals requiring additional support or an auxiliary aid to participate in the event, please call Bev Brody at 212-4765 at least ten (10) working days before the event.

Co-sponsored by Get Fit Kauai; the Nutrition and Physical Activity Coalition of Kauai, the County of Kauai Parks and Recreation, Sweet Maries, Kauai Path and Ho`ola Lahui Hawaii.

