

KAPAA TURKEY TROT

Informal 5K/10K Fun Walk, Run, or Bike Ride

Thanksgiving Day, Thursday, November 24, 2011

6:45 AM Check-in—Prizes at 7:15 AM

Event starts at 7:30 AM

Start & Finish at the Kapaa Beach Park



Begin Thanksgiving Day with an early bird burn, then you'll be able to enjoy eating with family and friends later in the day without guilt. Join others for early morning exercise and fun.

Registration: FREE, non-perishable food for Hale Ho'omalua or monetary donations to Kauai Path gratefully accepted.

Please help fund our commitment
to keeping Ke Ala Hele Makalae
(the East Side bike path) beautiful.



register online at www.KauaiPath.org

Work it Out

Kauai Path, P. O. Box 81, Lihue, HI 96766

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for more info contact Randy Blake at 808 635-8823

